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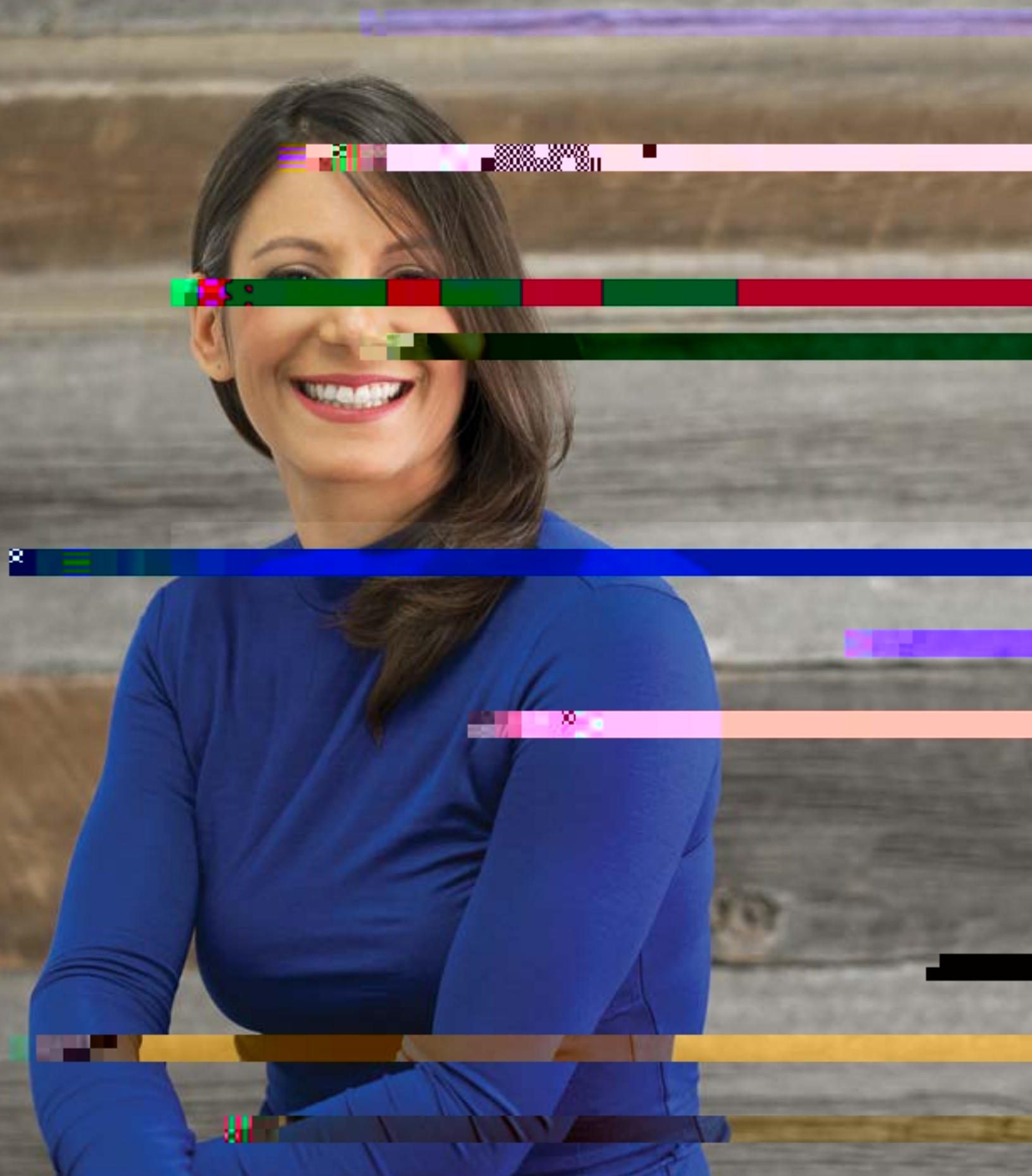
# Carving His Own Path

## ALSO IN THIS ISSUE

Stronger Together

Equity, Diversity and  
Inclusion at CCNM

A Collective Approach  
for a New Curriculum



After a startling breast cancer diagnosis at the age of 21, **Tanya Salituro** founded CanPrev out of a desire to provide better health options for Canadians. With years of research and the expertise of Canadian Naturopathic Doctors, the groundwork for CanPrev began. Our mission and reason for being remains to this day.





## Introducing a new brand

The concept of nature is at the core of what all NDs practice and is integral to our identity. Weaving in a medley of V'i Yg'h Uhg'i a a cb'h Y'U fa ]b[ 'ei U']rmi of water, a scattering of leaves to represent our national reach and a mixture of greens to invoke the naturri

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## Promote Positive Results with Fertility Support for Men and Women





# Stronger Together

CCNM is now a two campus, pan-Canadian institution and the largest provider of naturopathic medical education in North America.

The merged entity is now called the Canadian College of Naturopathic Medicine and operates two campuses — one in the Greater Toronto Area and one in Metro Vancouver.

METRO

VAN

CCNM – Boucher Campus

By drawing on combined strengths and staying committed to our values, we are better positioned to support the growth of naturopathic medicine across Canada.

Of the profession's accomplishments over the past 45 years, the amalgamation of two great traditions to create one national presence may very well be the most significant of all.



# GTA

CCNM - Toronto Campus



At CCNM – Boucher Campus, the smaller cohorts and intimate class sizes allow for an educational experience unlike any other.



The CCNM – Toronto Campus features Canada's only Doctor of Naturopathy degree.





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CVj Jci g'nzH\Y'7CJ 8!% 'dUbXYa ]W\Ug' added an unanticipated twist to our normal, daily proceedings. All available resources at CCNM – Toronto Campus were poured into facilitating online learning, virtual patient care and intensive two-week practicums, which meant that the ongoing curriculum re-visioning project fVJ ( \$Ek Ug'di hcb`c`X`H\Ya dcfUf] nř

Bck žk ]h`h\Y'a Yf[Yf' bU]nYXžh\Y`hcd]W of curriculum overhaul is once again at the forefront. At the moment, there is no immediate impact to students or faculty, as the educational and clinical programs remain static for the upcoming fall and winter intake periods. Behind the scenes, however, team members from the academic departments at both campuses are involved in crafting a shared fghnYUf`W ff]W`i a`h`VY`Ja d`Ya YbhYX`

]b`GYdH\Ya VYf`&\$&&`fk ]h`Zi fh\Yf`nYUfg` fc`YX`ci hgi VgYei Ybhnt`

FYbUa YX`7i ff]W`i a`Dfc`YVh`&\$&&` fVd&&žghi XYbhgk ]`bc`Xci VhVYbY`h from combining the most enriching and essential aspects, didactic and otherwise, of the CCNM – Toronto Campus and CCNM – Boucher Campus programs.

Other pivotal, big-picture plans remain on the go, including securing a new site for CCNM – Boucher Campus in the Vancouver area, plus the opportunity for students and faculty to transfer between campuses.

5gk Y` bX`ci fgY`j Ygk ]h`h\Y`dchYbh]U` for even more meaningful collaboration unfolding, this remains true: we will

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David Schleich, Member of the Board, CCNM; Former CCNM President, 1996-2003

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New Westminster hosts a friendly, growing community recognized for its heritage sites, parks, festivals, and close proximity to downtown Vancouver.

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Students enrolled at the

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The cohort-model of education ensures small class sizes and honors the value of interpersonal relationships during the learning process.





# Carving His Own Path

We speak with Dr. Jason Marr, ND (Class of 2007)  
about his journey to naturopathic medicine  
and the many roles he's taken on since graduating



"I was the kid who was making potions out of plants, herbs and dirt on the sidewalk," he says. "That's something that I always think back on because it's congruent with where I ended up."

Losing a friend in high school and becoming a support for his peers helped him realize the kind of doctor he wanted to be.

"When I thought about becoming a doctor or what a doctor was supposed to be, it was someone who would help to support people going through tough times and dealing with health issues."

During his undergraduate studies, Marr originally thought he would get into optometry, chiropractic or physiotherapy but upon completing his application for conventional medical school, he soon realized it wasn't for him. Thankfully, a conversation with his high school classmate, Dr. Jodie Peacock, ND (Class of 2008) who had also been taken similar academic paths, but Peacock started at the CCNM – Toronto Campus a year before him.

"It was a conversation that opened my eyes to naturopathic medicine. When I submitted my application, it was like 'yes, this is why I signed up for medicine, this is what I want to be doing and the kind of relationship I want with my patients,'" he recalls.

A conversation with Dr. Peacock led Marr to apply to the CCNM – Toronto Campus as a naturopathic doctor.

"My dad was an engineer and loved to read. He was a big part of my life."







Marr also consults, working with NDs to help them open practices in local gyms and yoga studios. Shortly after opening his clinic, Marr launched Evoke Academy, a continuing education program for new ND graduates.

“The program focuses on business, just thinking about your practice from more of a business standpoint.”

The program led him to the CCNM – Boucher Campus who reached out to him as they were looking to revamp their professional development curriculum. Marr has served as Chair of the program for the past four years now.

So what does the future hold? Despite having ‘a lot going on,’ there’s still plenty on the horizon for Marr.

“Building out my brand and my business and continuing to expand the number of clinics that are under the Evoke banner is one of the big longer-term goals. I want to have another clinic location in the



Pyonex

# Expanding Our Research Knowledge

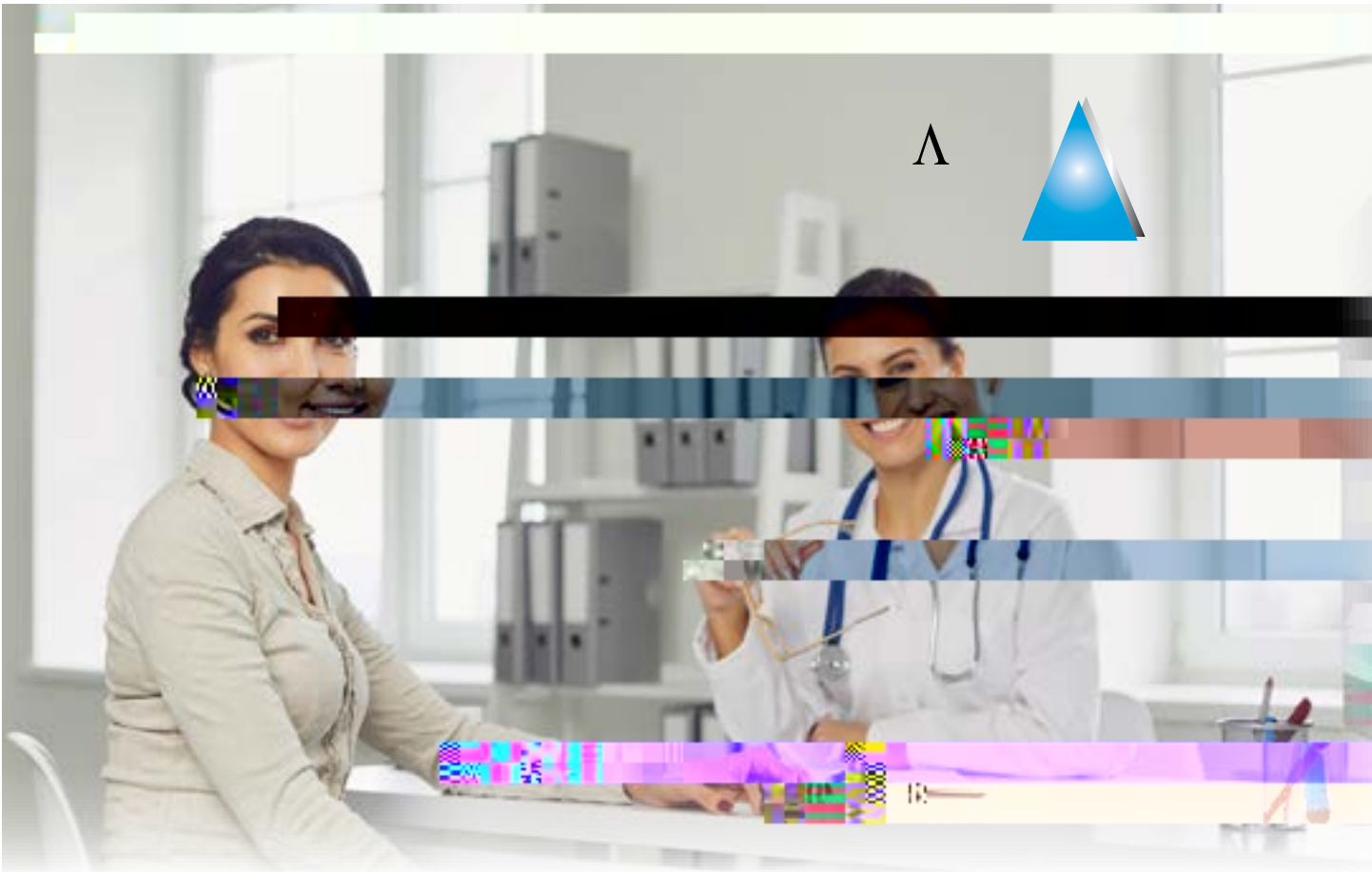
CCNM researchers are expanding  
our knowledge of naturopathic medicine  
in several unexplored areas

LEARN

RESEARCH







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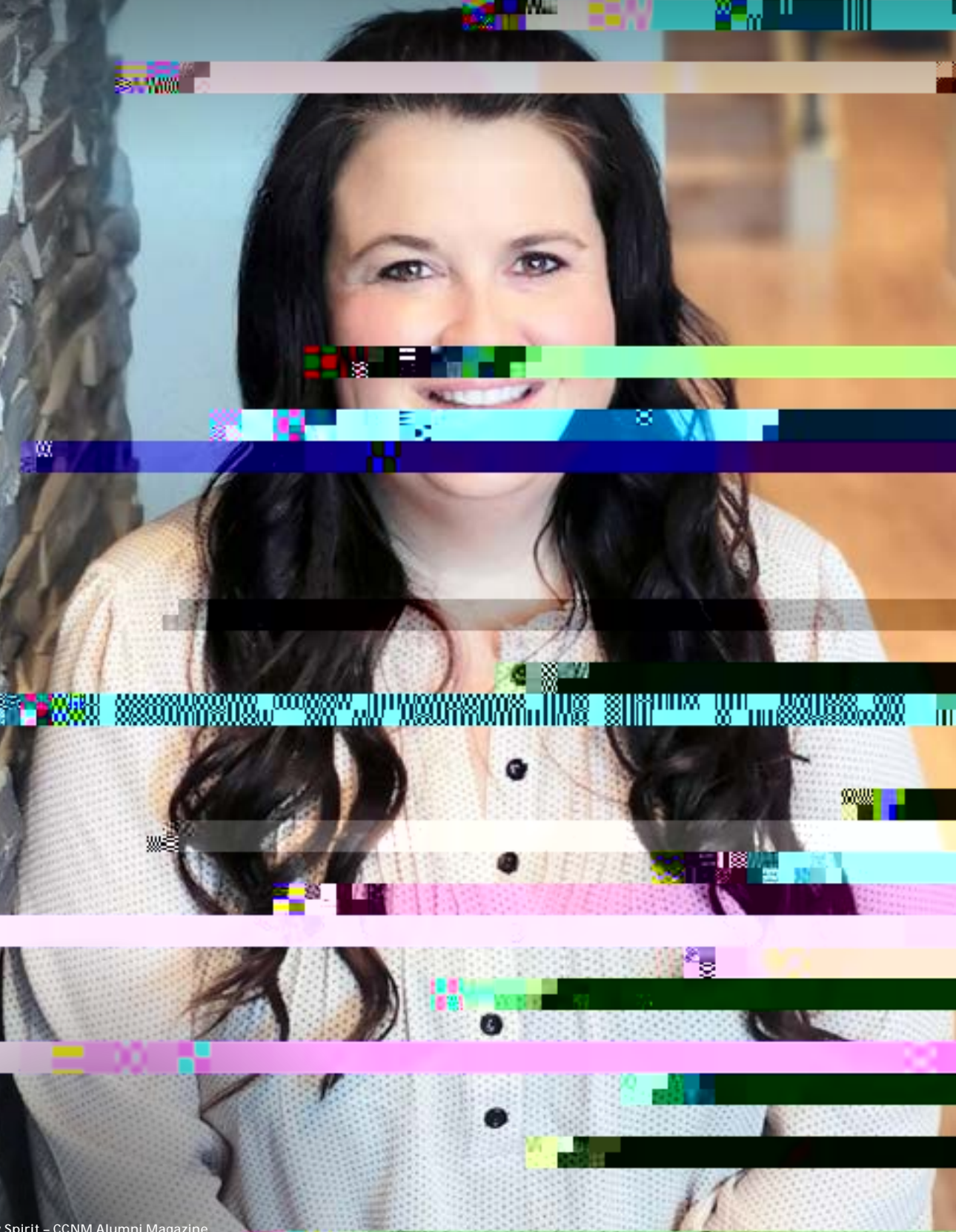


# CCNM's Fourth Annual



# From Nature to Naturopathic Medicine

For Dr. Ann Grimwood, ND (Class of 2014),  
teaching is at the root of everything she does



After graduating from the CCNM – Toronto Campus, Grimwood had her sights set on an open residency position at the CCNM – Boucher Campus. She just missed the deadline to apply, but in a fortunate turn of events, the position was reposted after the selected candidate backed out. Grimwood submitted an application, an interview followed and she was hired.

She remembers the anticipation well.

When I got the call, my apartment in Toronto was already packed up and empty. My dad and I jumped in the car and headed out west from there and I essentially arrived the night before. It





As an instructor for Outward Bound and other organizations specializing in outdoors education, she taught both adults and children hands-on, observable skills (such as classifying rapids and

The union between the natural world and naturopathic medicine is evident, so it is not surprising that Grimwood was drawn to plants and how their medicinal ei U]hYgUgg]gh]b \YU]b[ 'hYVcXmi naturally. Her sister-in-law introduced her to the profession, and from there she attended the CCNM – Toronto Campus' open house and signed up for the dfYfYei ]g]hY'gWYbW V&i fgYg"flb UbchYf' happy turn of events, she and her best friend Dr. Jennifer Marion, ND, Class of

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With such a strong history of education, Grimwood has been called upon to gi dYfj ]gY'Uh'hY'HYUW ]b[ 'W]b]WUbX' '' ]b' as an occasional teaching assistant at various times over the past seven years. K \Yb'hY'7CJ 8!% 'dUbXYa ]WzcFWX' ghi XYb'hgUbX'ghU 'rc'k cf\_fYa chY'm]b' YUf'mi&\$&\$z'g\Y'Ugg]ghYX'8f''?Uff]b' :U]fa Ub!M&i b[ zB 8'f7'Ugg'cZ&\$\$(£k ]h' the transition and stepped in as an ]bghfi V'cf'k \YfY'bYYXYX' 'Zcf']bghUbWz co-teaching Diagnosis Imaging and @UVg'fk ]h' 5bXfYk 'JUF[ cZA 8£]b'HYfa ' )' and Clinical Diagnosis III (covering the maternity leave of CCNM – Boucher 7Ua di g'7'Ugg'cZ&\$% '[ fUXi UhY'8f''DUf]gU' GUYXX]!A Yd\Ua zB 8£]b'HYfa '\*"

It is a lot of teaching, but it's an experience hUh; f]a k ccX' bXg'fYk UFX]b[ 'UbX' invigorating.

“One of the things that I really love about the CCNM – Boucher Campus is that I know all the students. I think that's pretty special UbX'\UfX'rc' bX ]b'UbmdcghYV&bXUfmi institute. I really like that aspect of getting

# Terry Naturally® CANADA



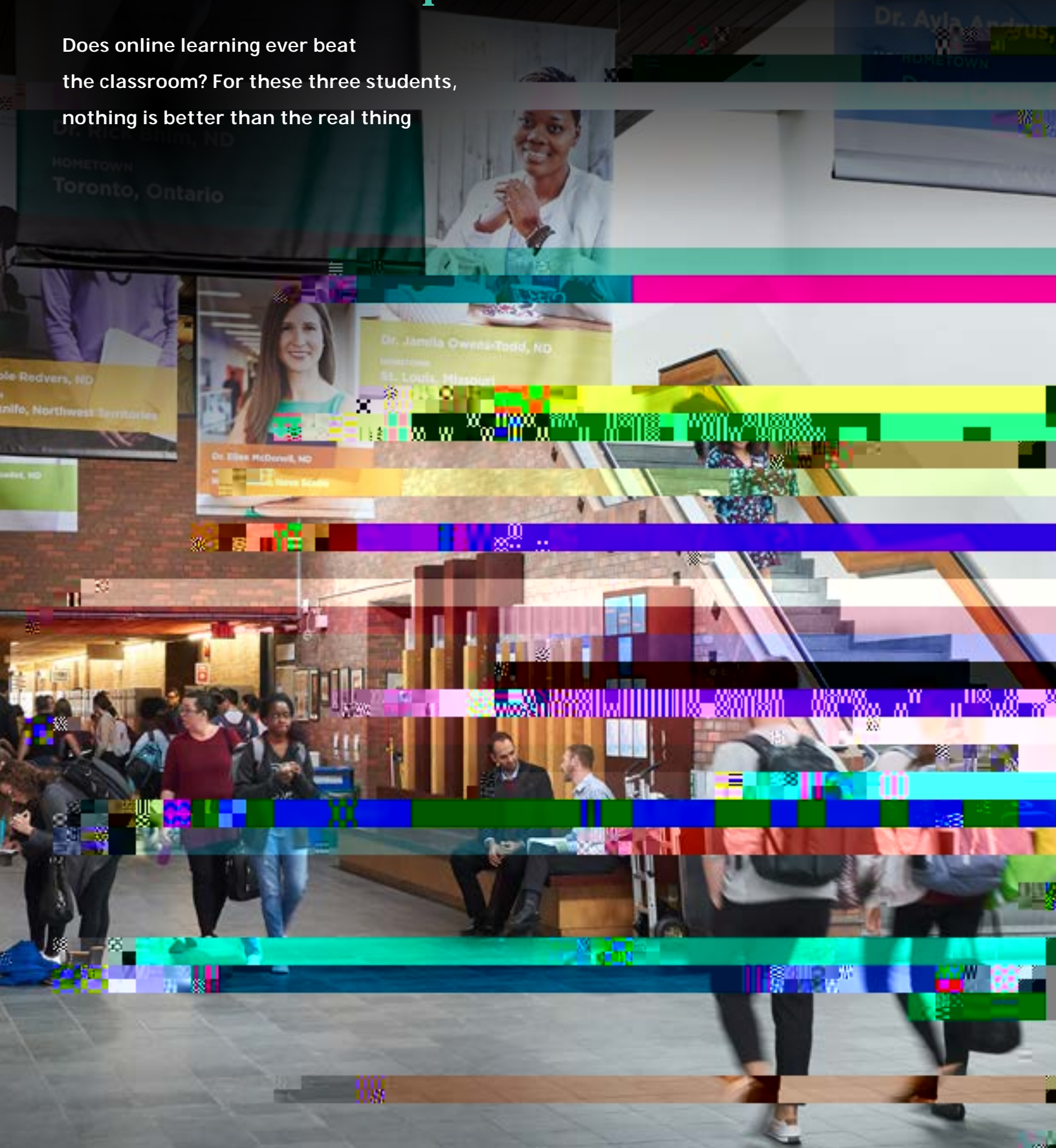
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# CCNM's U.S. Students Eager to Return to Campus in Toronto

Does online learning ever beat the classroom? For these three students, nothing is better than the real thing



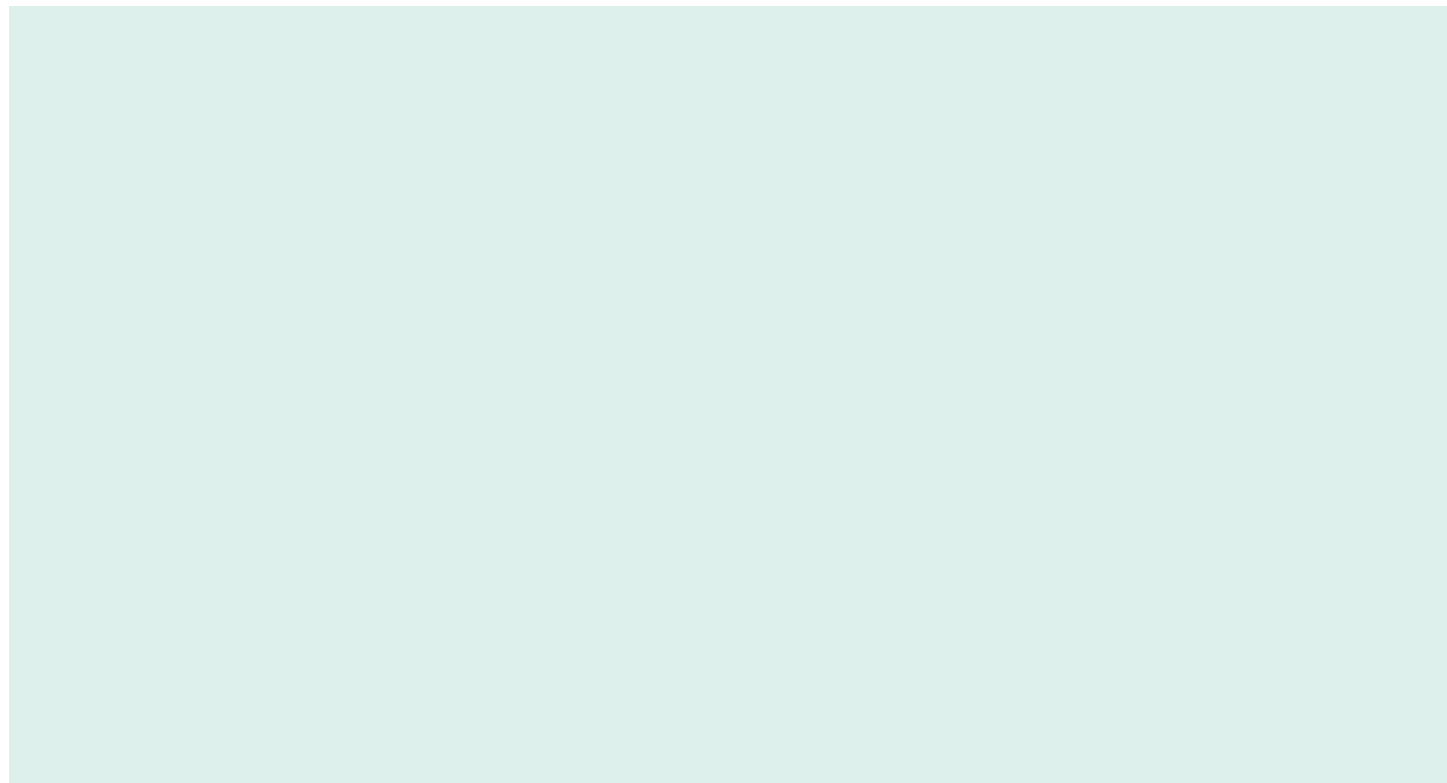




"Before there was a lot of on-campus events and we had a lot of fun together," says the West Jordan, Utah native.

"Then the pandemic happened and we weren't sure how to reach the students and promote engagement. That's still been a struggle, but there has been a lot of outreach to get students involved online and let them know what's going on."

In her time at CCNM, Vogt has held several leadership positions and is the current VP Campus Life for the NSA. She acknowledges that although Zoom fatigue is creeping in, turnout for



"I think virtual health is always going to be UWæa dcbYbhbck "' hfYUWYg'U'X] YfYbh' population than we were able to reach before and there are a lot of things that we can do virtually to help patients. But there's also a lot of things that we need to do with them, in the same room. I'm XY b]h' m\cd]b[ 'k Y \Uj Y'a cfY'cZh\cgY' opportunities this year."

Luckily, living in Grand Rapids, Michigan means that Vogt is about a two-and-a-half hour drive from the Canadian border. With life once again opening up in the state and in Ontario, she is looking forward to living on campus and attending classes once more in the near future.

"Being in residence allows you to be with other like-minded people," she describes.





**Can you describe the strength of the faculty at both campuses?**

**RW** – The strength of our faculty is the passion they bring to their subject matter areas. Whether they're NDs, PhDs or various biology and anatomy specialists, all these really great backgrounds bring these diverse perspectives. Teaching at the school is not their main job; they work in their own clinics three to four days a week and still give us their time for one or two days a week, all because they're just so passionate about the CCNM – Boucher Campus and sharing that high level of knowledge with the next generation. The

**NDG** – Collectively, we've got great faculty. On the Toronto side, our faculty







b hYfa g'cZci f'Vi ]'X]b[ žk Y \Uj Y'hYff] W green space and good transit to the area. We're across the street from a major hospital and there are walking trails within minutes of the College.

### What can you tell us about the curriculum project, CP22?

**NDG** – K Y j Y '[chX] YfYbhW`hi fYg'UbX` philosophies, and we're trying to see ]Zk Y`Wb'gei YYnY`h\Y VYghci hcZVch` and get to, largely, a better place. There's a lot of great energy, potential, goodwill and interest. There is also complexity, UbX'gca Y`X] W`hV`bj YfgUhc'bg'UFY` being held, but it's causing us to work very intimately together on a pretty fundamental area. There are still many things we have to learn.

With hybrid learning because of 7CJ 8!% žk Y`bck`\_bck` ]hg'Uk Z`m ]bY` WYbh'c` \Uj Y`Uf[ Y`YVh fYg` We can do asynchronous learning and that's a great tool to have. From my dYfgdYVWj Yžh YfY` ]g'gh` ž`\_Y` telemedicine as an example, that will stick around due to the shift to online learning. I also think we're a tactile group. BUh fcdUh ]Wā YX]WbY ]g'UX] YfYbhi kind of medicine that is very much about being physically present.

**RW** – I'm optimistic that the new curriculum is still going to provide students with the strong knowledge base, skills and abilities that they need to become good naturopathic doctors, but it's going to do so in a way that is more manageable and balanced. It won't include so many hours of lecture where you're just getting hit with all this information. I think the new curriculum is going to allow students to still get the knowledge they need, but it's going to do so in ways that UfY'a cfY Y` WYbh'UbX` Y`Wj YZ'UbX` ]hg` going to enable them to have a better life/work/school balance.

That's what I'm really excited about because we're producing good NDoond a shey ne tē po sing t6Pn8(t)B (h)5.4 (e)14.8r)0o)8 (m rg9 (e wr 2g t3.5 (n))9s gY JJO3 Tc -0 Tw 0.57

# Gratitude from CCNM's Patients Comes in Many Forms

It's a winning situation for NDs and the ones they care for







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